

# Callings

in Church of the Saviour

Vol 7, Issue 3 • Fall 2018

## MANNA is Moving!



MANNA is excited to announce that we are moving to a new location on Monday, July 30th. We thank you for your support during this time, and look forward to showing you our new place!

### Our New Location:

6856 Eastern Avenue NW, Suite 100  
Washington, DC 20012

- The new office will be a five minute walk from the Takoma Metro Stop on the Red Line.
- Staff phone numbers and extensions will remain the same at the new location.
- MANNA will close for the business in preparation for the move from Wednesday, July 25th - Friday, July 27th.
- MANNA will re-open for business at the new location on Monday, July 30th.



# Editor's Corner | What Makes Us a Church?

If you'd like to see CALLINGS continue, please make a contribution by check to:

## **Church of the Saviour**

*(In Memo line put "Callings")*

1640 Columbia Rd., NW  
Washington, DC 20009



This month, I've had the privilege of speaking with two groups of Koreans, here to visit Church of the Saviour. I tagged along on a walking tour of Jubilee missions in the Adams Morgan neighborhood (see the centerfold article by Barbara Moore and Terry Flood), and then spent an hour answering their questions about the church today.

It was hard for them to understand how we could be Church of the Saviour without a single strong leader or a central office. I spoke about our "culture of commitment" as the sustaining thread in each community, and our trust in God's call to a place of suffering in the world that is so central to our CoS experience. They nodded politely, but were skeptical. I am too.

Our visitors wanted to know how we encourage that culture of commitment in today's world of quick digital choices. I spoke about the importance of ongoing education through our mission group structures and intentional classes, as well as weekly worship. All of them were familiar with Elizabeth O'Connor's book, *Journey Inward/Journey Outward*, and they were curious about the connection between individual practices and being a body together. It's a question I'm always asking as well.

Being able to offer our new website, [inwardoutward.org](http://inwardoutward.org), made it possible to invite them to continue their journey with us. I hope you will do the same with friends who do not live in the DC area. It's not so much that we have answers. It's that we're willing to ask the questions and live into the unfolding answers together.

Finally, while I don't want to make CALLINGS a newsletter full of event announcements, but we do want to share news – like Manna's new home in Takoma Park – with the wider community. Manna is engaged in a long-term project of building 50+ low-income housing units around the New Community Church building at 614 S St NW, and it plans to move the Manna office there when the construction is finished, but for now, Manna is renting space that is close to Seekers and we hope to build new connections while they are nearby.

*Marjory Bankson*

Editor of CALLINGS and [inwardoutward.org](http://inwardoutward.org)

Chair of the CoS Council

**2018 Callings deadlines:** October 31

## **The Church of the Saviour Council**

Bread of Life • Dayspring Church • Eighth Day • Festival Church • Friends of Jesus  
Jubilee Church • New Community • Seekers

# THE MYSTERY OF MENTORING

In the interim time of late summer, Rolling Ridge Study Retreat is offering “The Mystery of Mentoring” September 14-16, 2018 with Jim Hall and Cheryl Hellner. Below they share their vision for this very special retreat....

At the recent gathering of the Poor People’s Campaign on the mall in Washington, D.C., the Rev. William Barber asked us, the assembled crowd:

*What if we are the people who have been called into life for just this moment in time?*

*What if it is our gifts—the gifts that are already inside, the gifts that are unique to each one of us—that are most needed now?*

## From an old Irish story: The Salmon of Wisdom

Wisdom began in the pool that stood at the feet of the Tree of Life. And in that pool there were salmon swimming. Nuts would sometimes fall from the Tree of Life, the Tree of Wisdom and sometimes the salmon would catch and eat those nuts. And so it was that the oldest and wisest of all these salmon, the fish who had eaten the most nuts from that Tree of Life, the Tree of Wisdom, swam out from the pool at the base of the great Tree and entered into the River Boyne....

### *read more*

Like salmon that are known to go against the flow, “we all have a facet of our psyche that is both innocent and wise, both joyous and serene, both goofy and insightful, that can help us lighten up and live beyond conventional rules and norms, and that can trick us out of everyday routines.” (Bill Plotkin, in “Wild Mind”)

The gift of wisdom that we need in our time will come from the interplay of the old sage and the eternal youth as they are awakened and recognized in each one of us.

How well we bring forth that gift will shape the future of our species on this planet.

—Jim Hall and Cheryl Hellner

## JOIN US

**September 14-16**  
**Dayspring Earth Ministry Retreat**  
**at Rolling Ridge**  
**The Mystery of Mentoring: Helping a**  
**Lost Culture Find its Way**

description at

<http://www.dayspringearthministry.org/upcoming-events.php>

On this retreat we will wander in nature to be mentored by the wisdom of the ancient sage and the imagination of the eternal youth that we find among the winged ones, the four and six-legged ones, and the magic of wood, stone, and rushing water. Mentoring is the art and practice of awakening these gifts in each one of us. We will attend to our nighttime dreams, immerse ourselves in stories and art, and gather for ceremony, for sacred dance and song, and for circles of shared wisdom.



# The Jubilee Trail Along Columbia Road

By Terry Flood and  
Barbara Moore

In 1960, when Church of the Saviour was just 23 years old, Gordon and Mary Cosby heard God calling us to open a coffee house to be a place of welcome and beauty. Perhaps serious questions of life and faith would be evoked while enjoying a cappuccino, art on the walls and live music. We called it The Potter's House, with the hope our lives could be shaped in this setting as a potter shapes the clay. 1658 Columbia Road was the address, and it still serves as the hub of ministries along Columbia Road.

Then, in 1968, Martin Luther King Jr. was murdered and the city erupted in an agony of hopelessness and despair with riots and destruction. Suddenly "our neighborhood" of Adams Morgan evoked fear. Our coffee house grew quiet and we began to ask deeper questions. The Potter of the Potter's House wanted us to know and see the suffering now in the neighborhood that we had, until then, somehow missed.

We had gathered together to serve coffee and pastry. After 1968, we gathered to meet our community with fresh eyes. We discovered disheveled buildings where children roller-skated in the lobby and trash piled high in the alley. We discovered people who had no doctor, no work, and no door to opportunity. We also found new friends, courageous families, and above all, we met the children.

## Jubilee Ministries Begin



*Jubilee JumpStart*

— 90 units of need and promise.

Every night, and all day Saturdays, we gathered in work parties to scrape paint, haul trash, and zap rats. We met so many people who needed health care. Conversations with Gordon Cosby in the Potter's House spoke to Dr. Janelle Goetcheus, who, with her family, was planning to move from Indiana to Pakistan to serve as a doctor to those in need. She realized that the medical needs of the poor in our nation's capital were as serious as those in Pakistan.

Janelle and her family moved to DC, where Janelle started a health center in a small room in the Ritz, one of Jubilee Housing's original buildings. From there, Columbia Road Health Services was established in 1979, and it has provided a range of health services



*Christ House*

for hundreds of underserved residents in our city.

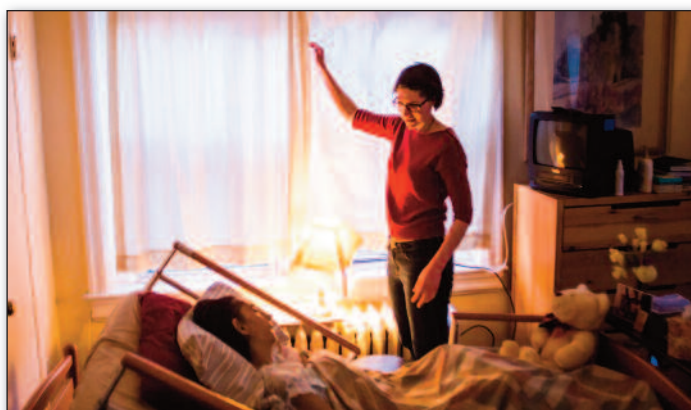
Seeing that homeless clients had nowhere to recover from illness, Janelle and her husband, Allen, knew how critical it was to have a place for homeless men to recover their physical health and overcome any addictions, and in the process discover God. Faithfulness leads to faithfulness, and in 1985, Christ House was opened across Columbia road from the Health Services location. It is a 34-bed healthcare facility where homeless men can stay as long as their illness requires. There, staff physicians and a team of nurses offer 24-hour care to the residents.

Jubilee Housing residents gathered to help one another in the Committee of Compassion. When asked what is needed in addition to housing? They said, "Health care is first. Then what we need is jobs.

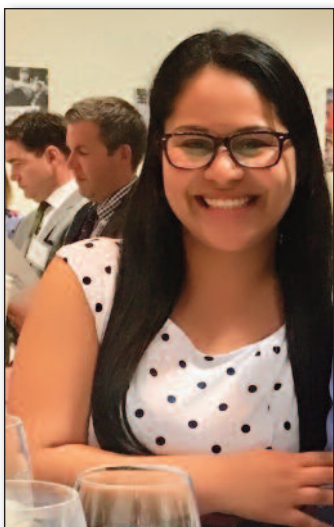
Why don't you start an employment agency to help us?" With that mandate Jubilee Jobs opened an employment agency for the poor. We began by making cold calls to every business we could think of and today we place up to 1,000 people each year, and provide support to help them move up as they are able. All over the city you can meet former applicants working at Starbucks, Harris Teeter, Colonial Parking, Brighton Gardens and Ace Hardware. That work provides sustenance, dignity and hope.

Jubilee continued to expand as we responded to needs in our community. Everywhere we went, there were the children. They brought joy — "Watcha doing? Can I help?" — and let us see the need for after school support, summer camp, and mentors to guide them toward college. Good Shepherd Ministries came into being to draw resources, volunteers, and programs of hope and promise. In addition, talents of music and arts emerged. Now the Good Shepherd Music Center has become the Sitar Arts Center serving scores of young people with instrumental music lessons, dance, graphic arts, computer art and more.

In 1990, former Columbia road physician, David Hilfiker, started Joseph's House around the corner from Christ House. This amazing ministry serves as a hospice home for those with serious illness. Many residents have spent their final days there, surrounded by amazing love and attention.



*Joseph's House*



*Zulma Ortiz*

As treatments for HIV and other infections have improved over the years, several of the residents have been able to move on to Jubilee Housing apartments. Jubilee Housing has had the privilege of having a number of Kairos men reside on the top two floors of one of our buildings. Two of these men serve on the Jubilee Housing Board of Directors. How we are all tied together in such a special way along Columbia Road!

Along the way, Joe Collier, a faithful member of the community or many years, had the vision for a much needed child-care program in our community.

In collaboration with others with knowledge of early childhood education, the vision was realized in 2010, with the founding of Jubilee Jumpstart. This amazing place cares for about 50 children and brings the most up to date learning techniques to the children. The basement space in a Jubilee building is so beautiful that it warms the heart. There is a sliding fee scale and Jubilee residents get priority slots. There is nothing more precious than to see these youngsters holding a rope as they make their way along Columbia Road or hear their happy sounds as they are pushed along in their colorful buggies.

### Today...

What privilege it is to walk up and down Columbia Road, or sit with espresso coffee at the Potter's House to remember the faithfulness of so many in this neighborhood. The neighborhood has changed. The Potter's House, with its trendy new design, is still a place of gatherings, exchange of ideas and hospitality. In the early days, ministries were born in prayer and discussion around those wooden tables. Who is to say what other things will be born in this place?

Diversity meets us at every corner. Look around. Jubilee



Housing has eight apartment buildings and is adding more for affordable housing in the community. Christ House and Columbia Road Health Services is making sure everyone receives excellent health care. Jubilee Jobs is helping anyone who needs work for sustenance, dignity and hope, including immigrants from over 22 countries to find a job. Jubilee Jumpstart is making the best day care resources for families. Life Asset is opening doors of opportunity to aspiring entrepreneurs as a credit facility. The list goes on as the community expands and compassion deepens.

From a cup of coffee and shared conversation at the Potter's House, places of opportunity, healing and hope have emerged in the Adams Morgan neighborhood. Many more have come into being because of open hearts of others in our city too

Come for lunch at the Potter's House. Come for a neighborhood tour with Barbara. Stretch your mind and your heart. Who touches your heart? What is your Call?

Gordon and Mary Cosby had a special gift opening hearts and minds to new ways of loving. In the words of Jim Rouse, "Dream wildly. Feasibility will compromise you soon enough."

*Terry Flood is the founder of Jubilee Jobs and Barbara Moore is the Resident Life Associate at Jubilee Housing. (T and B have been fast friends for 50 years.)*

## Related Ministries

**The following ministries have grown from churches and mission groups of The Church of the Saviour. Each is independently organized.**

Academy of Hope • Becoming Church • Bethany, Inc. • Bokamoso Foundation • Caroll Café • Christ House • Columbia Road Health Service • Cornelius Corps • Cornerstone • Dayspring Earth Ministry • Dayspring Retreat Center • Discipleship Year • Dunamis Peace Institute • Faith & Money Network • Family Place • Festival Center • For Love of Children • Hope and a Home • Institute of Radical Reconciliation • Inward/outward • Joseph's House • Jubilee Housing • Jubilee Jobs • Jubilee JumpStart • Kairos House • L'Arche • Life Asset Credit Union • Life Pathways • Manna, Inc. • Miriam's House • New Community ArtSpace • New Community for Children • O.N.E.DC • Overlook Retreat House • Potter's House • Samaritan Inns • Sarah's Circle • Soteria [Servant Leadership School] • Sign of Jonah • Sitar Arts Center • Sounds of Hope • Tell The Word • Wellspring Conference Center



# Vulnerability, Shame and Courage

## The Path to Gratitude and Generosity

By Rev. Roy Howard

Everyone knows that there are many ways a conversation about money can go wrong. That's especially true when talking about faith and money.

The most common way a conversation about money goes wrong is when people hear guilt and shame rather than grace and gratitude. Although shame is not a helpful emotion, like weeds in Spring, it usually emerges when talking about money, whether a person has significant wealth or a person has very little. More often than not, the consequence of shame is silence. This is why conversations about money are the most difficult of all conversations at home, in the workplace, and in faith communities.

Conventional wisdom suggests that sex is the most intimate of all conversations. Research indicates that, in fact, money is the most intimate. Why? Because when we talk about money it makes us vulnerable. (Again, this is true whether one is wealthy, poor, or of modest income.) The vulnerability exposes our money stories that often raise painful family histories, mismanagement, fear, and even survival. Shame is the emotion that seeks to stop the conversation and shut down vulnerability.

The antidote to shame is courage. Vulnerability is the pathway to courage, and courage is the pathway to a whole-hearted joyful life, filled with gratitude and generosity, that goes far beyond money. This is what I have learned from renowned author, speaker and University of Houston Research Professor Dr. Brené Brown. Building capacity for courage is absolutely crucial to have honest and healthy conversations about money. I have learned this from work with congregations around the country and in my work as a pastor with a local congregation. As I become vulnerable to sharing my "money story" with congregations, it helps create a safe space for others to be open about their struggles. This spiritual practice of open story-telling reduces shame and increases the capacity for courage in communities of faith.

I take a cue from Saint Paul when speaking about money. The apostle tells us that everything that is good in our lives springs from the well of grace—God's undeserved and unmerited favor—and the only appropriate response to this grace is gratitude.

### Begging to give

Saint Paul is emphatic about God's goodness toward us. Encouraging the churches in Corinth to give generously, Paul says, "God has given grace to the churches of Macedonia." As a result of this grace, the churches were compelled to overflow with generosity toward others. Even though they were suffering what Paul described as "extreme poverty," they were begging to give

to others. Their generosity came from a deep well of joy. What is most remarkable is the utter absence of talk about how much money is available to give. That was beside the point. It's beside the point for us, too. Paul is talking about a desire to give that comes from joy. Increase the joy of the Lord, and people beg to give. Joy is the opposite of shame.

### Can you imagine people begging to give?

A poor Haitian farmer told me this proverb, "The one who never eats alone, will never go hungry." It was his way of saying when you share what little you have, you will always have enough for yourself. Saint Paul is saying the same: when our hearts are rooted in God, trusting in God's faithfulness, you will always have enough to share. And notice what happens when we share: everyone has enough; no one suffers (II Corinthians 8:15).

When you and I share what we have with others, it creates a groundswell of gratitude in the hearts of many, who in turn share what they have with others. Our sharing becomes part of a much larger work of God among people in the world.

Don't you want to be part of such a movement of God? There is no shame in sharing. It's not about the amount you have, it's about the joy of giving.

*Rev. Roy Howard's workshop on September 11, 2018, will enter the difficult conversation of money through the work of Dr. Brené Brown, Researcher, and Professor at the University of Houston, who has written extensively about vulnerability, shame and courage. Building capacity for courage to be vulnerable is what reduces shame and fear in discussions of money. This courage is absolutely crucial to have honest and healthy conversations. We will discuss how Brené Brown's work applies to money, share our own money stories, and develop strategies for deepening the courage to be vulnerable. The purpose is to grow in gratitude and generosity in all areas of our lives and in particular the financial area.*

### UPCOMING EVENTS

**Workshop: Vulnerability, Shame, and Courage – The Practice of Stewardship**

**September 11, 6:00-8:00 pm,**

**Potter's House Washington DC**

**Workshop Leader: Rev. Roy Howard**

# Art as Call

By Jean Adams

We all come into the world with unique potentials. When one of these potentials seems to stand out, claim our attention and engage our emotions, we may be looking at a “call,” telling us that we can use that ripened potential in a positive way. We can find the vocation that is related to our deepest self, a path that will help that self to unfold.

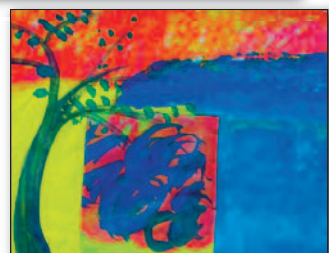
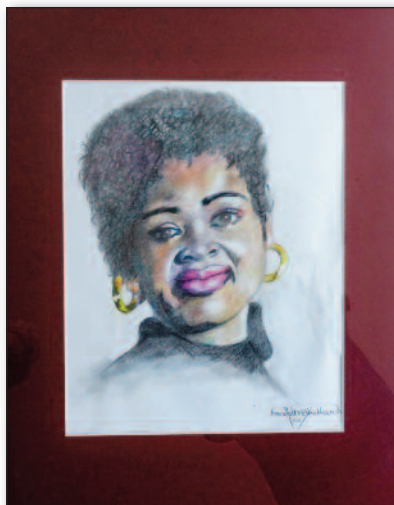
My call to making and teaching art grew out of childhood experiences and ripened through the years. My mother delighted in nature and my grandmother had a wildflower garden. Together, we noticed flower and leaf shapes, different habitats in sun-drenched soil, lichen-covered rocks, and the dark rich soil of squishy wetlands. We noticed the variety of birds, butterflies and bugs – all parts of the grand assortment of summer wildlife.

Although there was some recognition of my interest in color and design, I graduated from college with a degree in Education and minor in Group Work. As the Program Director for teens at a small YWCA, I realized it was the creative work with teens and younger children that spoke to my spirit. I enjoyed teaching. And I enjoyed art.

Sooooo, I resigned my job at the Y, and became a secretary at Columbia Teachers College, in order to get tuition-free credits in Art Education. That done, I moved to Philadelphia, where I taught art at an elementary school in a diversely populated neighborhood. The most rewarding part of my teaching was seeing the uniqueness of each student’s noticings and how they chose to express those noticings.

After I had taught for three years, and co-directed an art program at a summer camp, I was making plans for further education when I met John Adams, the older brother of a friend of mine. We married, and though I continued to teach, my life at home was family-centered. John came with twins, boy and girl in 8th grade; an older boy in 12th grade, and we later adopted an almost 9-year-old girl. Life was full of family!

John died before I retired from teaching. With the family launched, retirement brought me to another turning point in my call. A friend mentioned Christ House, a residential medical facility in Washington, serving ill or injured homeless men. She wondered if I might be interested in offering a weekly art workshop there. And so I began doing that in 1993.



Most residents of Christ House had little experience with self-expression in art, so I usually demonstrate how to use a particular medium, and then invite the participants to experiment. Occasionally, we will have a “how-to” session, but I want to encourage art that comes from a

feeling place rather than building skills. An assortment of materials on the art cart allows for different kinds of projects: tempera paints, watercolors, colored markers, pastels, colored tissue paper, rubber stamps and blank cards and envelopes. I want to help these men find their voices through art.

Although each week was a challenge (materials, parking, inviting participants from their sick-beds), I noticed how good I felt while helping the men at Christ House – and how empty or sad I felt when I left. Over the 25 years that I have been privileged to offer the weekly workshop at Christ House, there has been a mysterious healing inside of me. Now I feel whole, healed and more at home in the world.

In *Cry Pain, Cry Hope*, Elizabeth O’Connor writes: “Every single one of us has a “good work” to do in life. This good work not only accomplishes something needed in the world, but completes something in us. . . . The work we do in the world, when it is true vocation, always corresponds in some mysterious way to the work that goes on within us.” My experience at Christ House certainly confirms that – in myself and in the men too.

*Jean Adams taught in the public school system for 27 years before she began volunteering at Christ House. She is a member of Seekers Church.*

*Callings*

Church of the Saviour  
1640 Columbia Rd., NW  
Washington, DC 20009

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## Special Events

**Aug 2-Sep 30 | "Artists in Exile: Art as Fabric for Healing."** Art by Iraqi refugees at Seekers Church. Contact [sandra@seekerschurch.org](mailto:sandra@seekerschurch.org) to arrange for special viewing other than Sunday after worship.

**Sept 11 | Faith & Money workshop with Rev. Roy W. Howard.** 6-8pm at The Potter's House. Sign up at [www.faithandmoneynetwork.org](http://www.faithandmoneynetwork.org).

**Sept 14-16 | "The Mystery of Mentoring," with Jim Hall and Cheryl Hellner** at Rolling Ridge Study Retreat (near Harper's Ferry, WV). For information: [lindsay.rollingridge@gmail.com](mailto:lindsay.rollingridge@gmail.com).

**Sept 19 | Ember Day, 10-4 at the Dayspring Lodge.** No charge, donation welcome. Bring your lunch.

**Sept 21-23 | "Do You Remember?"** Open retreat with Rev. Sarah Anders. \$220. [Dayspringretreat.org](http://Dayspringretreat.org).

**Oct 6 | Solar House Tour.** Simple Gifts Cottages and Greenhouse at Dayspring, Saturday from 11am - 5 pm

**Oct 12 | "Magpie" @ Carroll Café,** 7:30, Seekers Church. Tickets: [Carrollcafe.com](http://Carrollcafe.com).

**Oct 12-14 | "Walking the Paths of Life as the Beloved."** Open retreat with Ann Dean and Leah Rampy of Shalem Institute. \$220. [Dayspringretreat.org](http://Dayspringretreat.org).

Photo by Keith Seat



**Oct 20 | Fall Festival at the Festival Center** with Rev. Graylan Hagler. Tickets will be on sale Sept 5.

**Oct 26-28 | "The Ancient Paths Where Wisdom Hides."** Open retreat with Jim Hall and Cheryl Hellner. \$220. [Dayspringretreat.org](http://Dayspringretreat.org).

**Nov 9 | "In Process" @ Carroll Café,** Seekers Church. Tickets: [Carrollcafe.com](http://Carrollcafe.com).

**Nov 9-11 | "Loving God and Loving Earth: Praying with the Poetry of Mary Oliver."** Open retreat with Ann Dean. \$220. [Dayspringretreat.org](http://Dayspringretreat.org).